



A message from Daniel

Hi All,

Autumn is once again upon us and offering with it some unseasonal weather which keeps winter at bay for the time being. With winter around the corner, I wanted to take this opportunity to remind everyone at Paul's Place what we are asking of people in order to keep everyone as safe as we can:

- **Wear a face-covering** – we are asking people to keep wearing a face-covering whilst indoors (unless exempt).
- **Stay Away (if unwell)** – we are asking people not to come into Paul's Place if they are unwell.
- **Take a test** – we are asking those that can, take a lateral flow test once a week (Paul's Place has testing kits that it can issue to members/ service users)
- **Get the booster** – we are advising those who are offered the booster to have it.

We want to remain open this winter and if everyone does their bit to keep any germs at bay this should make staying open all the more possible.

Germs aside we have exciting plans over the coming months to keep everyone busy throughout **November and December, our plans include:**

- Evening activities are finally back and offering a variety of evening socials for Members
- Christmas meals from Kendleshire Golf Club

- Christmas shopping trips

Happy autumn all,
Daniel, CEO

Paul's Place news

Halloween at Paul's Place!

Friday is our Halloween party, which means that we've been making delicious treats and carving spooky pumpkins!

Designed by the members, these are just 4 of the 15 pumpkins that will be carved this week.

The Cat is by Sue, Sarah Mann created the skull and the devil was carved by Liz. Finally, the star and moon-eyed pumpkin was made by our newest member Vic. Friday is all about dressing up, plus a Halloween themed musical bingo!





Fundraisers this Autumn and Winter

Paul's Place 2022 Wall Calendar



You can be the proud owner of a beautiful 2022 Calendar!

We can finally reveal the calendar created to raise funds for Paul's Place.

For over 6 months people at Paul's Place have been sending in their photos to create a stunning calendar. Communications Officer Alex has put the design together and helped members send their photos.

It's not just people's photography that is featured in this calendar, but their artwork too!

This is a brilliant showcase of the photography and art skills of our members. Some months also include photos from members of staff, as they wanted to show some of the beautiful places they had visited and things they love too.

We are selling them at £6 per Calendar

Payment can be made in cash at the day facility.

Paul's Place Christmas Cards

Our members have been getting crafty and made these packs of Christmas cards for you to buy and give to friends and loved ones.

A gift that keeps on giving, these packs of 6

cards with 6 designs will raise funds for Paul's Place, helping disabled adults live life to the full.



Each pack costs £3. These cards will be on sale at the day facility. Thank you, each purchase makes a difference and helps us continue our vital work.

Fundraiser in aid of Paul's Place

Pamper and Presents: time for some self-care

Pamper and presents - a perfect evening with friends to get you into a festive mood. Exclusive ticket only event - £5 per ticket. You'll be able to enjoy some reflexology, tarot reading, gel nails and buy Christmas presents from our stallholders. **For more information about the event and the stallholders, get in touch and we will make sure leanne, the organiser gets in contact.**

Thank you for your interest in this special night and an even bigger thank you to Leanne. We couldn't do what we do without our fantastic team. Fundraising continues to be a big challenge for us but with events like these, it is still possible. Tickets can be bought at the day facility.



Almondsbury Christmas Lights

The last year...ever!

The family are retiring in Cornwall and released this statement recently: *"Come join us for our **Last ever switch on 28 November from 5.30pm** switch on at 6pm! Mince pies, Mulled wine and hot chocolate will be served all for free! It will be the last switch on as we are retiring to Cornwall where we will be continuing the display there!"* - The Hawkes family.

Paul's Place will again be one of their chosen charities. For many years, this family have gone above and beyond to causes close to their heart. The Almondsbury Christmas lights have been a popular event for years. The money raised has



supported our work to help disabled adults live life to the full. We could not be more grateful that we continue to be one of the chosen charities. We hope you know the very real and tangible difference fundraisers like this one make to small charities like us.

From all of us at Paul's Place, Thank you to the Hawkes Family. We can't wait to see this year's display!

In other news...

Important Christmas dates

Paul's Place closes **Thursday 23rd December** and will return **5th January 2022** (Closed Tuesday 4th January due to staff training).



Save the Date!

The Grand Ball is back!

Saturday 26th March 2022 | The Village Hotel, BS34 6FG



Celebrity guests Bake-Off Star **Briony May Williams** and Winner of Britain's Got Talent, **Lost Voice Guy**

Our grand ball will return in 2022! Join us for a night of glamour and celebration next March. Meet celebrity hosts Lee Ridley, Lost Voice Guy and Briony Williams, Bake-off Semi-finalist.

Tickets and more details will be released soon - for now just Save the Date in your diaries!

Booster Jab Campaign from South Gloucestershire Council

Why are some people being offered a Covid-19 booster?

Like some other vaccines, levels of protection may begin to wane over time. The Covid-19 booster helps improve the protection you have from your first two doses of the vaccine and gives you longer term protection against getting seriously ill from the virus.

The booster dose ensures protection is maintained at a high level throughout the winter months for those who are more vulnerable to severe Covid-19.

Who is eligible for a booster dose?

Booster vaccine doses will be available on the NHS for people most at risk from Covid-19 who have had a second dose of a vaccine at least six months ago.

This includes:

- people aged 50 and over
- people who live and work in care homes
- frontline health and social care workers
- people aged 16 and over with a health condition that puts them at high risk of getting seriously ill from Covid-19
- people aged 16 and over who are a main carer for someone at high risk from Covid-19
- people aged 16 and over who live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)

For more information about the booster vaccine, get in touch with your GP.



October was Hate Crime Awareness Week

According to the Brandon Trust, Hate crime is motivated by prejudice against a person because of their:

- Ethnicity or race
- Disability, including mental health and learning disabilities
- Sexual orientation
- Gender identity
- Religion or beliefs
- Age, gender, marital, or pregnancy status

What can hate crime be?

- A physical attack like hitting
- Name calling or bad gestures
- Threats, harassment, or intimidation
- Damage to property
- Nasty letters, emails, texts, phone calls, social media messages etc.
- Mate crime - where someone with a learning disability or autism is befriended and then exploited

In England and Wales in 2018/19 there was a 71% rise in online disability hate crime; in 2019/20 overall hate crime against disabled people had increased by 12% across all 36 regions, with 1 in 10 of all reported disability hate crimes taking place online, an increase from the previous year of 46%.

The more we know what a hate crime is, the better we can report it. The more we report it, the more we show that hate crimes are not acceptable.

Paul's Place can help you report a hate crime and direct you to more information and resources if you want to find out more.

You can also get help by calling SARI (Standing Against Racism and Inequality) an organisation that specialises in reporting hate crime and after care for those who have been victim to a hate crime. You can call them on 0117 942 0060

That's all from us, stay safe and Happy Halloween!