



## A message from Daniel

Hi All,

As 2021 ends, I want to take this opportunity to reflect on the past 12 months and look at all that we have achieved whilst continuing to adapt as a charity. The highlights for me have been:

- **Inclusive sports** and seeing Members engaging with YOSC (Yate Outdoor Sports Complex) and trying out new sports for the first time
- **Paul's Place at Home** and seeing the positive changes for those Members who have been linked up with technology
- **Staycation week** and seeing Members getting out and about again
- **A new team** - welcoming new team members and volunteers to the charity, all of whom have fitted in amazingly

I would also like to take this opportunity to say a huge thank you to everyone, the Paul's Place staff team, volunteers, Trustees, Members, and carers you have all been flexible (and patient) as we have tried out new things and made more changes due to the pandemic.

I know that this time of year can be a time of celebration and happiness for many whilst for some it can be difficult. I encourage us to look to 2022 with hope and excitement and look forward to another year of living life to the full at Paul's Place.



## Hello from people at Paul's Place

**Paul's Place member Sam had a special story to share with us this month as he reflects on 2021.**



"I really enjoyed some of lockdown. Especially the Zooms. The way they were thought-out, all the different activities. I really liked the music (desert island discs). I

know not a lot of people liked lockdown but I did. I learnt a few things in lockdown, like how radio works. I've got friends that are radio producers, they work on Hits radio. I went to their template gate studio a couple of years ago when it was Sam FM still.

In lockdown, I learnt how to do radio with my dad. I learnt how to basically stage a radio show. My mum knows people at BBC Bristol, we met Alex Lovell. I'd love to be a radio presenter, I've actually got the training to do radio now.

It's really exciting. My mum emailed Sam FM a while ago and they replied on the same night. Hopefully, I'll be able to see them live. If we don't go into lockdown again, radio producers Max and Jason promised me a coffee.

Then this month, I managed to have a chat with them live on the air. We spoke about how I learned how to be on the radio. They've been on the radio themselves years!

We even wrote them a happy Christmas and they wrote back a merry Christmas us too!"

**Thank you for sharing this story with us Sam, we had fun with you on our Zooms too and we hope to hear you on the radio very soon!**



## It's all about the Christmas lunches this month!

Thank you so much to the Kendleshire Golf Club for providing delicious meals and the best service. We've loved having our Christmas lunches with you!





## ✧ Volunteering Superstars! ✧

Thank you to Shirley and Kerry for helping out and organising a craft stall. They were selling handmade items that had been donated to Paul's Place by carers or local members of the community. Plus, some craft items were made by people at Paul's Place themselves! They all looked stunning on display and the stall raised £67.60. Not only that, as an even kinder gesture, Deborah Jarvis the pub manager gave us a donation of £50 on the day!



The Fox in Yate is a great place with lots of lovely people and we are truly grateful for all their support.

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## Fundraisers in aid of Paul's Place

### Almondsbury Christmas lights: the last year...ever!

A message from Daniel to  
Sue and Graham:  
*Words can not really express  
how in awe we are of Graham  
and Sue for the fantastic  
fundraising contribution that  
they have made to Paul's  
Place over the last 15*



*years. It has meant so much to us, as a local charity supporting disabled adults, to have this help and we know that the charity is close to their hearts as they have a family member who has been going to Paul's Place for a long time. As a charity we want to send our heartfelt thanks to them for raising the thousands of pounds that they have and for helping us to raise awareness of our charity locally. I personally want to thank them for the joy and cheer that they bring to the many people who visit the lights each year. I moved to Bristol three years ago and the lights have become a tradition for me and my annual visit has become a highlight on my Christmas calendar and I know that this is the same for many families. We wish Sue and Graham all the very best in their move and we are sure that they will be lighting up the neighbour in their new home very soon!*

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## Santa Doorstop visits

The people living in Bromley Heath have had a very special visitor! For the past few years, local residents have created a fundraiser for Santa to visit families in the area during the month of December. They raise funds for two charities, one of which is Paul's Place.



Right now their collection pot is at just over £500 with the funds going evenly to both Paul's Place and Resound Charity.

We even had Fundraising Manager Clair helping as an elf!

This is such a wonderful fundraiser bringing joy to families in Bromley Heath. To the organisers, thank you so much for your support.

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## Breakfast with Santa

Thank you to Kich Catering at the Bromley for organising a breakfast with Santa on Saturday 11th December. It was a magical morning and the children were so happy chatting to Father Christmas!

Can you recognise who Father Christmas is? It was our very own Team Leader Andy Carter! He was absolutely brilliant and we'd like to thank him for being the perfect Santa.



## Fundraisers this Christmas

### Paul's Place 2022 Calendars

Looking for a secret Santa present? Last-minute gift? A gift that keeps on giving, our cards and calendars are helping disabled adults live life to the full.



**We are selling them at £6 per Calendar + £1.90 postage**



## Paul's Place Christmas Cards

**Each pack costs £3  
+ £1.90 postage per  
pack.**

Thank you for your  
orders, each  
purchase makes a  
difference and helps  
us continue our vital  
work.



**Last orders for cards and calendars is Monday 20th December**

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## Booster Jab Campaign from South Gloucestershire Council

South Gloucestershire council have lots of information about the booster jab. If you need help accessing it, you can use the computers at Paul's Place and one of the team will guide you to the right website. Further information about vaccines, in general, can be found on the NHS website too.

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## In need of some financial support and advice? South Gloucestershire Council can help.

New financial support is available from South Glos Council. You can apply for immediate and ongoing advice and financial support around essential outgoings such as

- water
- food
- energy
- housing costs

and other essentials such as

- warm clothing
- fuel

**They have a range of support options available to help customers who are struggling financially.**

This could be for a number of reasons:

- being made redundant
- a cut in working hours
- owning a business that has been closed due to lockdown
- increased living costs
- a cut in income

This support is flexible and can give you support for your immediate or long-term needs

To apply for the support you must:

- live in South Gloucestershire
- be over the age of 16

**The fund is only available until 31 March 2022.**

How to apply

Call: 01454 868009. Or **In-person:** South Gloucestershire Council One Stop Shop in Kingswood, Yate or Patchway, see [www.southglos.gov.uk/contactus](http://www.southglos.gov.uk/contactus) for details or call the number above.

**What happens next?**

We will review your application and may seek supporting evidence to help us assess your claim. After you apply you will hear from us within two working days for immediate support and five working days for long term support.



## The Marmalade Trust - helping beat loneliness this Christmas

**Christmas Cheer:** *Bringing joy and companionship to people who would otherwise be alone on Christmas Day. Christmas time usually conjures up joyful images of family and friends celebrating, exchanging gifts, excited chatter and delicious food. For some people, however, it can be a dreaded, sad and lonely time. Marmalade Trust understands how difficult Christmas can be for someone who is struggling with loneliness.*



*They don't want anyone to spend Christmas Day alone if they don't want to, so they invite them to join the marmalade trust for a free festive lunch on the big day (Christmas Day). It is for those who feel particularly lonely and isolated this year, for example, a person who may have no family or friends around.*

*Everyone who joins them is made to feel part of their Marmalade family and is supported by their network of friendly volunteers. They currently hold their lunches in pubs or restaurants throughout Bristol, South Gloucestershire and the North Somerset region. Each person also receives a special hamper full of gifts and a 'Connection Advent Calendar'.*

Call them on 07566 244788 to find out more.



From all of us at Paul's Place, we wish you a

